

pathfinders camp



2018 Camp Rules & Expectations

Camp Contact Info	
Camp Address: Cloonan Middle School 11 West North St. Stamford, CT 06902 203-977-2742	Justin LaBaire – Director Cell #: 203-524-6460 Email: jlabaire@ci.stamford.ct.us Coach Trevor Jones – Program Coordinator Camp #: 203-977-2742 Email: coachjones@pathfinderscamp.org

✦ **Behavior** – Campers are expected to treat each other, staff, camp equipment, facilities and the public with respect. Our goal is to provide our campers with a physically and emotionally safe atmosphere. Inappropriate behavior will not be tolerated. Physical bullying (i.e. pushing, hitting, fighting including play-fighting) and emotional bullying (i.e. name calling, teasing, put downs, racial/ethnic slurs) will not be tolerated. Remarks or physical contact of a sexual nature will not be tolerated. Behavior such as this will be grounds for immediate dismissal from the camp, whether it is directed towards other campers, camp staff, or the public. Campers that are the target of such behavior must inform camp staff of the incident immediately. Behavioral guidelines must be followed at all times regardless of the location of the activities, including the buses.

✦ **Core Values – The 3 R’S**

- Respect
 - For Oneself
 - For Each Other
 - For Staff
 - For Equipment
 - For Facilities
 - For The Environment
- Responsibility
 - Be Responsible for you Actions
 - Be Responsible for your Words
 - Be Responsible for your Decisions
 - **Check Yourself** – Campers should ask themselves the following questions:
 - Am I doing what I’m supposed to be doing?
 - If not, what do I need to do to correct the situation?
- Readiness
 - Ready to participate.
 - Ready to be a team player.
 - Ready to challenge oneself.
 - Ready to support one another.
 - Ready to ask for help when needed.
 - Ready to play hard & have fun.

✦ **Attire** – Many of the “adventure” activities such as the ropes course, canoeing, rock climbing, hiking, and bicycling require campers to wear appropriate clothing. Campers should wear loose, comfortable clothing as well as close-toed shoes/socks for these activities.

- **Footwear** – Sneakers are the best option for most activities. *Sandals with a heel strap are acceptable for canoeing.* Footwear is required for beach activities.
- **Jewelry** - Jewelry is not appropriate for climbing activities.
- **Swimwear** - Campers should bring appropriate swimwear and a towel for swimming and canoeing. Pools require that campers bring real bathing suits. All campers are encouraged to bring a lightweight long-sleeve shirt and a hat to reduce sun exposure. The camp will have sunscreen and bug spray available.
- **Appropriate Coverage** - Campers should wear clothes that appropriately cover their bodies. Appropriate attire should follow the same guidelines put forth by the public schools. If campers arrive dressed inappropriately, a call will be made to parents to bring in other clothing.

- ✦ **Peer Relationships** – Relationships between campers must remain platonic. Public displays of affection between campers are unacceptable. This includes hand holding, cuddling, kissing, etc. Campers are encouraged to form lasting, healthy friendships with their peers. Non-platonic relationships will be dealt with as necessary.
- ✦ **Substance Use** – The use of illegal drugs, prescription drugs, alcohol, and tobacco is not allowed at Pathfinders Adventure Camp. If a camper is suspected of or caught using any substance, parents and/or the police will be notified immediately.
- ✦ **Meals** – Pathfinders Adventure Camp will provide lunch for campers. *Due to construction in the Cloonan kitchen, only bag lunches will be provided by the camp.* All campers are welcome to bring their own food if they do not want the lunch provided. Campers are strongly encouraged to bring snacks. Snacks will not be provided by the camp. Water is available at all activities.
- ✦ **Medications** – If your child is currently taking prescription or over the counter medication, he or she must do so at home before coming to camp. At no time should a camper have on his/her person any prescription medications. Campers should not self-administer medication while at camp. **The only exceptions** are the use of asthma medication, epinephrine and diabetes medications. Campers that require epinephrine for severe asthma or allergic reactions should bring their epi-pens to camp. If there is a change in your child's medication, please notify the camp director or program coordinator.
- ✦ **Accidents/Illness** – Parents will be notified immediately in the event of an accident or illness. In the event that we are unable to reach a parent we will notify the emergency contact listed on the registration form. Pathfinders Adventure Camp does not have an on-site nurse and therefore is not equipped to deal with such events. Parents should have a plan in place for taking over the care of their child in the event of an accident or illness. In the event of an accident or illness that is life threatening or needs immediate professional medical care, camp staff will be instructed to call 911 and then notify the camper's family.
- ✦ **Electronics** – Electronics such as cell phones, smart watches, iPods/mp3 players and portable video game systems should be left at home. There have been problems with lost/stolen electronics in the past. ***Pathfinders Adventure Camp/City of Stamford is not responsible for the loss, theft, or damage to personal electronic devices.*** Campers should never ask camp staff to look after their personal belongings. Cell phones are permitted only for contacting parents. Parents should consider putting their child's name somewhere on the cell phone for easy identification. Campers should not be spending their time at camp talking/texting on their phones. If phones are being used for purposes other than communication with parents they will be confiscated and returned at the end of the day.
- ✦ **Cloonan/Scalzi Park** – Pathfinders Adventure Camp is fortunate to have facilities at Scalzi Park and Cloonan School. At no time should a camper be in an undesignated area of the school facility or park without staff supervision. Campers must respect the spaces we use and will be responsible for any damage and/or vandalism that occurs. Campers should never leave the Scalzi Park/Cloonan facilities unless they are supervised by camp staff or picked up and signed out by a parent/legal guardian.
- ✦ **Late Arrival/Early Dismissal** – Campers arriving late should be dropped off at camp entrance on the side of the school building. Parents must notify the camp staff in writing, by phone call, or by email about a camper's early release and how they intend for their child to get home. When picking up a camper early, parents must sign their child out on the appropriate sign-out sheet. If a camper is going to be picked up early, he/she should choose an activity in the school building. The camp will not provide transportation for late pick up or early dismissals.
- ✦ **Field Trips/Off-site Activities** – There are many off-site activities that occur regularly throughout the summer, including: rock climbing, hiking, biking, canoeing, & swimming. There may also be occasional field trips to different locations within Stamford. Camp guidelines/expectations still apply in these situations.

